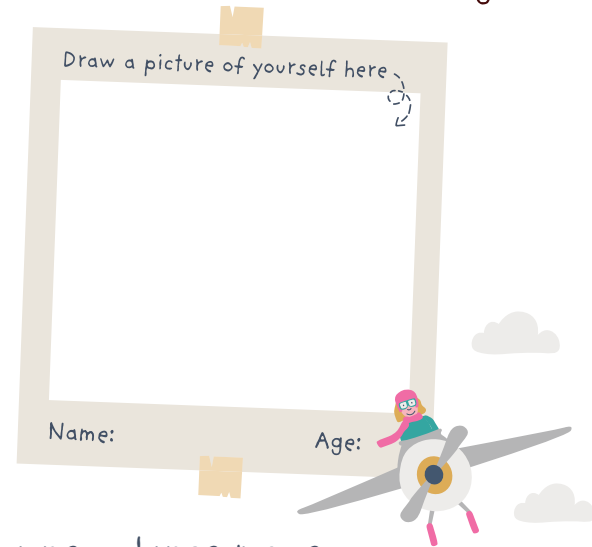


THE BRAVE & BRILLIANT SUMMER CHALLENGE

Hop on your scooter, grab your backpack and follow in the footsteps of brave adventurers and brilliant inventors by taking on the awesome Frugi summer challenge.

Complete a challenge every day, once a week or just try to tick off as many as possible.

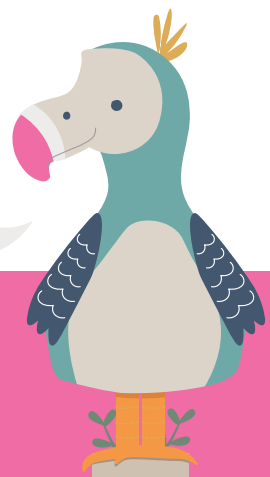
Here's to a brave and brilliant summer!



- Do a 5 minute litter pick
- Cook a meal
- Go plastic free for a day
- Hug a tree
- Spend the day getting around only on foot
- Do a random act of kindness
- Volunteer your time to help a neighbour
- Donate toys that you no-longer play with or clothes that you have outgrown to a good cause
- Do a chore
- Travel on a boat, bus or train
- Find a snail
- Learn to tie your shoelaces
- Share a snack with a friend
- Have fun with chalk art
- Plant some bee friendly flowers
- Try a new fruit or vegetable
- Give a friend a hug

- Create a new dance move
- Write a story
- Learn 5 facts about a favourite explorer
- Create a treasure map
- Make a bug hotel
- Take a dog for a walk
- Find a fossil
- Go beachcombing
- Paint a pebble
- Ask a friend to play
- Make a junk model
- Sew on a button
- Learn to whistle
- Sleep in a tent
- Go on a bike or scooter ride

My own brave and brilliant challenge ideas...



Download me and take me on your brave and brilliant adventures!

Hey grown ups!

Why not share photos of your little adventurers and mini heroes being totally awesome and completing their challenges using

#braveandbrilliant